

Why Totally Feet Podiatry and Laser Center?

- The infected nails are taken to a treatable level of no more than 2mm prior to laser treatment
- We use the most effective laser and parameters for the destruction of onychomycosis
- We educate our patients about long-term care, goals and expectations
- Our long-term plan helps maintain nails and prevent reinfection.
- Great staff, prices, and office.
- We make it affordable by offering payment plans and accepting credit cards.
- We are seeing efficacy in the most severe infections.

Why is our Laser Better?

- The Genesis Plus laser System offers an array of parameters, so we can customize our treatment to the patient.
- The Genesis Plus is cleared for the treatment of Onychomycosis.
- Our staff is certified and trained with this laser.

FOOT FACTS

Cool Topics

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The Truth About Laser Treatments for Onychomycosis

Nail fungus or onychomycosis can be embarrassing as nails discolor, thicken and separate from the nail bed. It affects approximately 10% of the population worldwide. Some people are more susceptible, and at an increased risk. The organisms that cause onychomycosis thrive in wet, dark, warm places, anytime these conditions exist, the risk of developing onychomycosis increases. Treatments for onychomycosis include oral, topical, and laser treatments.

Oral Medications

Oral medications are less than 50% effective, can cause side effects and have interactions with other medications. Side effects can include gastrointestinal upset, liver damage, or kidney damage.

Topical Medications

Topical medications like ciclopirox nail solution are less than

10% effective. This nail lacquer requires daily application for 48 weeks and weekly removal by filing each nail. Other topical treatments like tea tree oil, Vicks vapor rub do NOT work.

Laser Treatment

Laser treatment of onychomycosis has no downtime, or side effects. A recent study showed 51% of the nails treated were completely cleared and tested negative for fungal infection, 81% of the nails treated showed complete to moderate clearing. In our office I am seeing these numbers significantly increase with our new parameters.

The Laser Treatment

Depending on the severity of the nail infection, nails may require debridement prior to laser treatment. During the laser treatment a patient will experience a gentle warming sensation, if the warming becomes

uncomfortable, the operator moves on to other nails.



Genesis Plus Laser System



Before and After Photos

Laser Treatment of Onychomycosis at Totally Feet Podiatry and Laser Center

At totally feet podiatry and laser center we use the latest most effective laser and a long term approach. Our new improved treatment protocol is achieving increased efficacy clinically.

Long-Term Prevention

It is important to sanitize shoes, socks, showers, bedding, and other potential sources of reinfection. Some people may re-

quire periodic follow up treatments to establish desired results. People that are more susceptible to onychomycosis may require a topical preventative nail treatment like Formula 3. New nail growth should be clear, it takes an average of 9-12 months for the nail to completely regrow. We educate patients on the expected outcomes and preventative

measures that should be taken to prevent reinfection. We believe this long term approach will decrease the risk of reinfection and improve efficacy. If you have any questions regarding our treatment program or would like a demonstration please contact me directly at 720-980-3668.

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